



Improving Mental Health and Wellbeing of Communities
International Training on
Skill Development for Diagnosis and
Management of Mental Illness using Digital Technology

Jointly Conducted by: IIHMR University, Jaipur, University of Chester, World Psychiatric Association, Indian Psychiatric Society, and South Asia Self Harm Research Capacity Building Initiative (SASHI)

February 7-9, 2019

Venue: MDP Center

Program Schedule

Day 1: Thursday February 7, 2019		
8:30-09:15 Hrs.	Registration	
9:15-10.15 Hrs.	Panelists: SD Gupta, Pankaj Gupta (IIHMRU), Pradeep Sharma (State Nodal Officer-NMHP, GoR) Catherine Robinson (SASHI), Angela Simpson (University of Chester), Anshuman Pant, Thomas Schulze, Satish Malik (WPA), Vimal Sharma	
	Welcome address	Pankaj Gupta
	Address	SD Gupta
	Conference and Training program outline	Vimal Sharma
10:00-10:30 Hrs.	Guest Speaker	Ved Prakash Mishra
10:30-10:40 Hrs.	Address	Samit Sharma
	Vote of Thanks	Ashok Kaushik
GROUP PHOTO SESSION		
TEA BREAK		
11:00-13:00 Hrs.	Chair	Prakash Behere
	Co-chair	Gunjan
	Global Mental Health Assessment Tool and its Application in the UK	Matt Bowen, Vimal Sharma and Mahesh Oyidoor
	Colombian Experience	Paola Tejada
	Middle East Experience	Mohammed Abou-Saleh
	Rajasthan Experience: ICMR project	Chabbil Kumar and Nutan Jain
	Physician's experience Training in Medical Education	Bharat Bhushan Lokendra Sharma
	Madhya Pradesh Experience	Preeti Upadhyay and Sowmya Krishna
	Maharashtra Experience and Farmers Suicide in India	Vaishali Tendolkar and Prakash Behere



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Program Schedule (contd...)

LUNCH BREAK		
Post Lunch sessions Venue: Computer Lab		
Parallel Session: IIHMR and University of Chester Officials Meeting at Board Room at 15:00 Hrs		
14:00-15:30 Hrs.	Introduction to GMHAT/PC, Scoring and Assessments	Matt Bowen, Steven Jones, Sowmya
TEA BREAK		
15:45 -17:00 Hrs.	Video and role plays	Matt Bowen/ Steven Jones/ Sowmya
17:00 – 17:30 Hrs.	Wrap up of the Day	Vimal Sharma

Musical Evening followed by Dinner at IIHMR

Day 2: Friday February 8, 2019		
9:30-10:00 Hrs.	Recap of the Previous Day	Matt Bowen/Steven Jones/Sowmya
10:00-11:30 Hrs.	Barriers to communication, Communication skills: Developing the Best Attitude	
TEA BREAK		
11:45-13:00 Hrs.	Communication skills: Questioning Techniques	Matt Bowen/Steven Jones/Sowmya
LUNCH BREAK		
14:00-15:30 Hrs.	Administering GMHAT, Scoring and Assessments: Role plays	Matt Bowen/Steven Jones/Sowmya
Parallel Session: SASHI Meeting at Conference Room at 14:00 Hrs.		
TEA BREAK		
15:45 -17:00 Hrs.	Discussion on Learner Manual and Wrap up	Vimal Sharma and Team



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February 9, 2019; Venue: Old Auditorium

Program Schedule

8:30-09:00 Hrs.	Registration	
9:00-9.05 Hrs.	Welcome Address	Pankaj Gupta, President IIHMRU
9:05-9.10 Hrs.	Objectives of the Conference	Vimal Sharma, Univ of Chester
9:10-9.20 Hrs.	Address by WPA President	Afjal Javed (Skype)
9:20-9.30 Hrs.	Address by WPA Secretary General	Roy Kallivayali (Skype)
9:30-9:40 Hrs.	Keynote Address: Mental Health: A Public Health Challenge (in the perspective of SDG)	S D Gupta, Chairman, IIHMR
9:40-9:50 Hrs.	Address by Dean, Univ of Chester	Angela Simpson
9:50-10:00 Hrs.	Address by Guest of Honor	Dr Raghu Sharma, Health Minister, Govt of Rajasthan
	Vote of Thanks	Ashok Kaushik, Dean IIHMRU
Panel Session 1: Emerging Trends in Mental Health		
10:00-11:30 Hrs.	Chair	Sanjeev P Sahni
	Co-chair	Vimal Sharma
	Panelists:	
	Genetics and Mental Health	Thomas G Schulze
	Mental Health – A Qualitative research perspective	Louise Taylor
	Mindfulness	Pankaj Gupta
	Meditation and Heartfulness	Elizabeth Denley
	Emerging Trends in Mental Health	Sanjeev P Sahni
Tea Break and Networking 11:30-12:00 Hrs.		
Panel Session 2: Self Harm and Suicide		
12:00- 13:30 Hrs.	Chair	Catherine Robinson
	Co-chair	Yogesh Satija
	Panelists:	
	Quality of Life: Biosocial Model of Mental Health	Peter Huxley
	Self Harm	Angela Simpson
	Self harm research: building capacity in qualitative methods	Anne Kraye
	Knowledge and attitudes to self harm: community surveys in South Asia	Murali Krishna
	Developing a self harm register in Mysore India	Sumanth Majgi
LUNCH BREAK 13:30-14:30 Hrs		
Meeting of University of Chester and NIMHANS and IIHMRU		



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Panel Session 3: Mental Health Care: Modes of Delivery		
14:00-15:30 Hrs.	Chair	Mohammed Abou Saleh
	Co-chair	R K Solanki
	Panelists:	
	Mental Health in India:	
	ICMR Study in Alwar, Rajasthan Model	Bontha Babu, Chabbil Kumar, Nutan Jain
	NIMHANS Model	Prabhat Chand
	Tata Trusts Model in Nagpur, Maharashtra	Amruta Huddar
	Odisha Model	Susanta Padhy
	Mental Health in Nepal	Rishav Koirala
	Mental Health in Australia	Anshuman Pant
Mental Health in UK	Mahesh Odiyoor	
TEA BREAK 15:30-15:45 Hrs		
Panel Session 4: Public Involvement in Mental Health		
15:45-17:00 Hrs.	Chair	S D Gupta
	Co-chair	Paramjeet Singh
	Panelists:	
	Media and Mental Illness	Manoj Kumar
	Women and Mental Health	Prabha S Chandra
	Involving family and community in mental health care	Rachna Garg
Panel Session 5: Mental Health Challenges and Needs		
17:00-18:30 Hrs.	Chair:	Bontha Babu
	Co-chair	I D Gupta
	Panelists:	
	Challenges and approaches to mental health in people with Intellectual disability	Mahesh Odiyoor
	Hidden mental illness in medically ill people	Santosh Chaturvedi
	Aging and mental health	Paul Kingston
	Learning and development	Satish Girimaji
	Alcohol and Substance Abuse	Mohammed Abou Saleh and Prabhat Chand
	Forensic and Human Rights	Taj Nathan
CLOSING REMARKS FOLLOED BY HIGH TEA		