

## 'It's vital to handle medical challenges via better infrastructure, governance'

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**Jaipur:** The need of the hour is to create a healthcare ecosystem where ideas generated can be implemented and executed in a sustainable manner. Executive director, Kokilaben Hospital, Dr Ram Narain further said that the greatest conundrum of the healthcare industry is to create a system which is affordable, fair, acceptable and adaptable.

"Healthcare has become very expensive in India, 17.3% of the GDP is spent purely on healthcare. Currently, 25% of healthcare expenses are borne by the public system and the rest by the individual. This gap needs to be marginalised to reorient and strengthen the current healthcare system," he added.

He was speaking during the inaugural session of the 22nd Annual Conference 'Pradanya' at IIHMR University on Thursday.

Executive Director went on to say that India's healthcare system is going through a transition. "It is vital to handle the medical challenges through better infrastructure, governance, altered re-



(From L) Pro-President, IIHMR University, Dr PR Sodani; chairman, IIHMR University, Dr SD Gupta; executive director, Kokilaben Hospital, Dr Ram Narain and Member of Organising Committee, Dr Sandesh Kumar Sharma at the inaugural session of the 22nd Annual Conference 'Pradanya' at IIHMR University on Thursday.

### FACTFILE

- 25 per cent of healthcare expenses are borne by the public system
- In India 17.3 per cent of the GDP is spent purely on healthcare
- Life expectancy has increased from 32 years in 1950 to the present 67 years
- Non-communicable diseases will increase to 75 per cent (by 2030) of the total diseases

ruitment policies and superior patient care. Natural selection is not an option in this industry," he said. He highlighted that the pace of change has exceeded with

such a speed that the options are to either adapt or become irrelevant. "Institutions must be focused on effectiveness and delivering timely and safe medical care."

Chairman, IIHMR University, Dr SD Gupta said that if people are not healthy, development won't happen. "The life expectancy has increased from 32 years in 1950 to the present 67 years. The aging population is increasing and mortality rate is reducing. There is a need to shift focus from traditional healthcare to well-managed healthcare," he said.

He is of the opinion that by 2030 the percentage of non-communicable diseases will increase to 75% of the total diseases.