

# The Dispatch

## Alumni Newsletter

### Special Issue: Grand Alumni Meet

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### Alumni Meet at IIHMR University

#### February 24, 2018

In a first, IIHMR University organized 'Grand Alumni Meet 2018' for members of its alumni from all the three schools, Institute of Health Management Research, School of Pharmaceutical Management and School of Development studies, together in attendance, at its Jaipur Campus on Saturday, February 24.

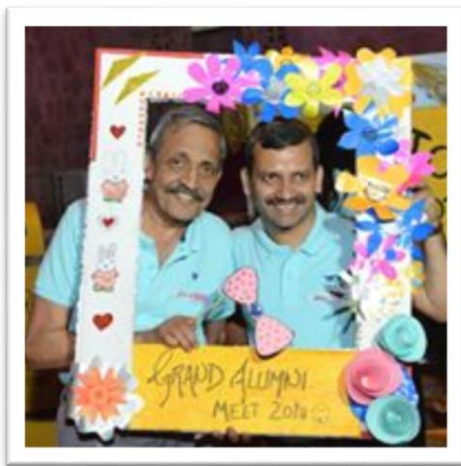
The objective was to celebrate and refresh old connections and build new ones. The meet offered a platform to the alumni to gather at their Alma mater, go down the memory lane and look forward to new interactions with new hopes. Close to 100 alumni overwhelmingly participated to this reunion event and looked back at their enchanting days at IIHMR University with a sense of nostalgia.

The meet witnessed the participation from all the three schools, streams and batches including Master of Public Health (offered by IIHMR University in collaboration with Johns Hopkins Bloomberg School of Public Health) from various parts of the country. Some of our alumni visited the campus with their families making the event even more interesting. A documentary was played highlighting the fond memories of the alumni which took them down the memory lane. Almost every alumnus was wearing their customized aquamarine t-shirts with immense love and gratitude for their University.

The Programme was kicked-off with the inaugural welcome address by Asst. Professor, IIHMR University, Dr Abhishek Dadhich. Pro-President, IIHMR University, Dr PR Sodani said that this is the first time that alumni from all streams including Health and Hospital, Rural Management, Pharma Management as well as alumni from Master of Public Health have gathered on one platform. Chairman, IIHMR University, Dr S.D. Gupta in his interaction added that institutions are not built by brick and mortar but by alumni, faculty and students and staff. Dr Gupta further said that for growth and career development one must adapt to change. New approaches to technology, research and education should be accepted to achieve success in life. Dean, Academics, IIHMR University, Dr Ashok Kaushik extended a vote of thanks.

Some members of the alumni shared their hugely successful career paths during a live webcast, in the boardroom and gave the credit of their value creation to IIHMR University and its faculty.

Post the inauguration; the event had exciting activities such as fun games, a series of ice-breaking sessions, some amazing performances by the students and musical session which was organized at the campus. The gala dinner in the evening provided a great opportunity to network. A 'memory lane' curated by current students for their seniors in a corridor with old photographs and fun messages was a huge hit with the members of the alumni.



## **The 6th Udai Pareek Memorial Lecture by Padma Bhushan Dr Mrityunjay B. Athreya**

**January 22, 2018**

The 6<sup>th</sup> Udai Pareek Memorial lecture on Daunting 21<sup>st</sup> Century Challenges Before India' was delivered by Padma Bhushan Dr Mrityunjay B. Athreya. The Lecture was held at 4 pm on 22 January at B S Mehta Auditorium, HCM RIPA (OTS).

Late Dr Udai Pareek, was an internationally acclaimed academician who sowed the seeds of Human Resource Department in India and gave new dimensions to Human Resource. Dr Pareek was the Chairman of the HR Labs of EMPI, mentor and distinguished visiting professor at the IIHMR-U, Jaipur. An advisor to numerous national and international organizations, he was the only Asian to become fellow to the National Training

Laboratories (NTL). He was the only Indian member of Society for Study of Social Issues (SPSSI).

Dr Mrityunjay B. Athreya has been a pioneer and founder of the Indian Management Movement. He joined the faculty of the Indian Institute of Management, Kolkata, as early as 1967. Since 1967, over the last more than four decades, he has advised enterprises in several sectors, such as Oil & Gas; Power; Fertilizers; Steel; Automobiles; Banking; Insurance and Health etc. He brought modern management ideas, with suitable adaptations, to the non-profit sector. In 2014 he was honored with a **Padma Bhushan** award by the Government of India. He was also honored as the Icon of the Year award by Cost Accountants of India in Feb 2014.

The lecture elaborated on the major challenges the world is facing in the 21<sup>st</sup> Century. To name a few- climatic changes, unemployment and inequality and the Chinese hegemony. Further, in this discussion, he mentioned that climatic change is accelerating as there is a steep rise in temperature and glaciers are melting. Also mentioned that the increase in machine learning and Robotics, unemployment is rising. Growth should be more from domestic consumption than exports.

Earlier, Dr Mrityunjay B. Athreya also visited IIMR University and addressed the students and faculty on 'Recent Opportunities and Challenges to Indian Management'. He elaborated why the focus needs to shift from general management to sectoral management. With reference to IIMR University, Dr Athreya said that IIMR-U has already recognized the need and demand for these types of courses that are more job-oriented in nature. He further added that to stimulate innovative education in the field of management, a series of reform measures need to be taken. One should be prepared to face not only risks and major challenges but also remarkable opportunities for growth in this sector.



# Mental Health: Awareness, Screening and Treatment Camp at IIHMR University

## Depression will be the second leading cause of disease by 2020

**February 3, 2018**

To address the growing need for mental health care access and awareness, IIHMR University organized a mental health awareness, screening and treatment camp at the University campus, on February 3, 2018, in collaboration with National Mental Health Program, Rajasthan.

Dr Pradeep Sharma, State Nodal Officer, National Mental Health Program, Rajasthan who delivered the inaugural address said, "The stigma and discrimination against people living with mental disorders affect their education, employment, and access to care". "A large amount of human potential is lost due to non-treatment of mental illness", he added.

Driving home the point about the urgency to strengthen the mental health care access and generate awareness on mental illnesses, Dr S D Gupta, Chairman IIHMR University, said "depression will be the second leading cause of disease by 2020. The burden of illness resulting from psychiatric and behavioural disorders is enormous. Mental disorders include common conditions such as depression and anxiety, those due to abuse of alcohol and other substances, and severe and disabling disorders such as schizophrenia and bipolar disorder", he added.

Right after the session, a free camp on mental health awareness and treatment was organized at IIHMR-U, coordinated by Dr Nutan Prabha Jain. As many as 200 people suffering from mental disorders were registered in the camp. Most of the patients who came to the camp were suffering from anxiety, depression, bipolar and Obsessive-Compulsive Disorder (OCD). The camp also witnessed participation of children from various schools. They were offered counselling by professional counsellors.

The camp was held in coordination with National Mental Health Program. Psychiatrist Dr Pradeep Sharma along with his team did a medical examination and provided free counselling to the patients who registered in the camp.

Mental health is defined by WHO as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to contribute to her or his community. While mental illnesses are health conditions involving changes in thinking, emotion or behaviour (or a combination of these). Mental illnesses are associated with distress and/or problems functioning in social, work or family activities.



## International Women's Day Week at IIHMR University

**March 5-8, 2018**

"The story of women's struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights," says world-renowned feminist, journalist and social and political activist Gloria Steinem. Thus, International Women's Day is all about unity, celebration, reflection, advocacy and action - whatever that looks like globally at a local level.

In conjunction with celebrations for International Women's Day, IIHMR University organized a weeklong 'gender week' at the campus which culminated on March 8, 2018, International Women's Day.

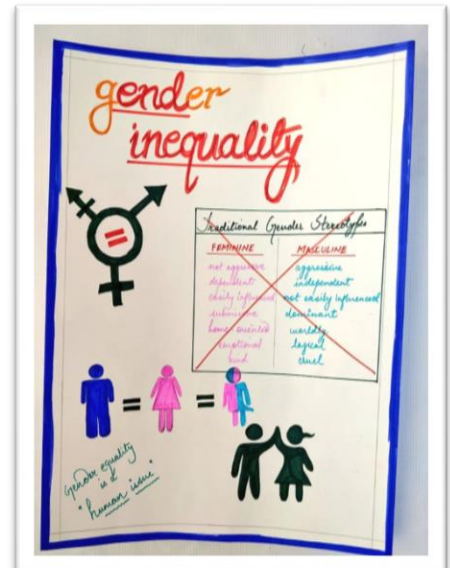
Following the themes of International Women's Day by UN, the first day i.e. **March 5, 2018** aimed at 'maintaining a gender parity mindset', for which a 15-minute video titled "*main maa hoon*" by Gauri Sawant was played which gave a message to break stereotypes related to transgender and move ahead with time and give them respect and rights which they deserve as equals.

The second day i.e. **March 6, 2018**, was scheduled for 'gender sensitization activity', an art competition in which close to 60 students participated to communicate their ideas through thought-provoking work of art, slogans and poetry. The display of this work of art turned the campus corridors into an art gallery.

The theme for day three i.e. **March 7, 2018**, was 'influence other's beliefs/actions' which was done with T-tags activity. The gender champions tagged themselves with the slogan "I For We and We For Each Other" giving a strong message of gender equality.

The main day of this vivacious week, **March 8, 2018**, was celebrated with a *Nukkad-Natak - 'Aaina'*. The play gave all of us some food for thought "It's time that we all see gender as a spectrum instead of two sets of opposing ideas".

On this note, we concluded the celebrations for International Women's Day with a promise to retain the ideas. The celebrations for Gender Parity are made to commemorate the political, social and economic achievements of women. The UGC Guidelines has stated to appoint Gender Champions as leaders who will facilitate an enabling environment within their academic institutions where girls and boys are treated with dignity and respect.



## Upcoming Management Development Programs

- Logistics Management of Vaccines with special focus on strengthening Cold chain: April 09 -13, 2018
- Access to Essential Medicines in Low & Middle-Income Countries: April 16 - 20, 2018
- Pharmacoeconomics and Drug Safety: April 23 -27, 2018



**IIHMR UNIVERSITY**

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**JAIPUR**

## Admissions 2018

- **MBA Hospital and Health Management**
- **MBA Rural Management**
- **MBA Pharmaceutical Management**
- **Master of Public Health (MPH)**

In cooperation with Johns Hopkins Bloomberg School of Public Health, USA

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